

THE SPA

at The Landing Resort

MASSAGE TREATMENTS

◆ Therapeutic Swedish Massage

50 Minutes \$135 • 80 Minutes \$175

A customized therapeutic massage using moderate pressure to promote relaxation and well-being.

◆ Deep Tissue Massage

50 Minutes \$165 • 80 Minutes \$205

Firm pressure is applied to focus on realigning deeper layers of muscle and connective tissues to relieve tension and alleviate pain.

◆ Hot Stone Massage

80 Minutes \$205 • 120 Minutes \$310

Heated river rocks are placed on the body and used during the massage to melt away tension and stress.

◆ Peak Recovery Massage

80 Minutes \$205

An individualized result driven massage geared towards athletic strains and balancing. Utilizing a blend of essential oils and healing herbs to correct, rejuvenate, and prevent future fatigue.

◆ Prenatal Massage

50 Minutes \$165 • 80 Minutes \$205

A specialized massage to enhance body function, tone, and comfort while relieving mental and physical fatigue.

A true experience for both mother and child.
(Not recommended during first trimester)

◆ Pair Massage

50 Minutes • 80 Minutes

Relax side-by-side with a massage treatment customized to your individual needs. 10% off each massage at time of payment.

Prices based on massage preferences: Swedish, Deep Tissue, Hot Stone, Peak Recovery Massages.

EXPRESS RETREAT MENU

◆ Foot Reflexology • 25 Minutes \$85

Manipulation of nerves in the feet creates harmony and promotes optimal function of our body's major systems. The answer after a long day of skiing, hiking, or shopping.

◆ Scalp, Neck, & Shoulders • 25 Minutes \$85

A revitalizing massage encompassing the scalp, neck, and shoulder area to reduce stress related tension quickly.

◆ Mini-Facial • 25 Minutes \$85

A fresh face fast. Enjoy a thorough cleanse, mild exfoliation, and a customized specialty product application based upon your skin's specific needs. The perfect addition to any massage or body treatment.

◆ Express Facial & Massage Combo

25 Minute Facial and 25 Minute Swedish Massage \$160

FACIALS

◆ The Landing Signature Facial

50 Minutes \$110 • 80 Minutes \$165

This facial is personalized for all skin types to renew, repair and treat any skin condition. It includes a double cleanse, exfoliation, extractions, two treatment masks, facial massage and deep hydration.

◆ Elevation Anti-Aging Facial

80 Minutes \$185

In conjunction with a double masking of our collagen tightening masks, this facial promises to dramatically lift, firm, and increase textural clarity and tone.

◆ Hydrating Emerald Bay Facial

80 Minutes \$245

This unique treatment utilizes the ultra-hydrating Crystalline Gemstone Masque, a rare blend of over 45 different micronized crystals that create a deeply hydrating, tightening, and detoxifying result.

◆ Clear Blue Tahoe Facial

50 Minutes \$125 • 80 Minutes \$180

The perfect treatment for clients dealing with acne, inflammation, and over-active oil production.

◆ Gentleman's Facial & Scalp Massage

50 Minutes \$110

Tribute to the classic gentlemen's barber shop hot towel treatment and a relaxing scalp, neck and shoulder massage.

◆ Mountain Man Facial

50 Minutes \$135 • 80 Minutes \$165

Maintain that rugged appeal by replenishing important minerals in the skin's surface. Complete with a scalp, face, neck, and shoulder massage.

BODY TREATMENTS • 80 Minutes \$205

◆ Olive Oil and Propolis Body Wrap

Antioxidant-rich olive oil and propolis are applied to the body, followed by an application of coconut milk.

◆ Detoxifying Clay Body Facial

A detoxifying Volcanic Ash and China Clay body mask, followed by a hydrating olive oil application.

◆ Cinnamon Vanilla Body Treatment

Cinnamon and Vanilla Brown Sugar Scrub exfoliation followed by a Tahitian Vanilla lotion application.

◆ Brown Sugar and Bourbon Body Treatment

A robust, aromatic Brown Sugar & Bourbon exfoliation, followed by a moisturizer application.

◆ Arnica Muscle Relief Body Treatment

Your journey to relief begins with an exfoliating Herbal Spice Scrub and a relaxing Arnica Cream application.

WAXING • Inquire at The Spa

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